

WEISMAN CHILDREN'S REHABILITATION HOSPITAL
Infection Control Patient & Visitor Information



To reduce the risk of infection and spreading of germs it is extremely important for visitors to:

1. Practice good hand hygiene.

Clean your hands before touching or eating food. Clean them after you use the bathroom, change a diaper, before and after any type of patient contact or contact with items in the patient's room. Make sure you wash your hands prior to visiting with the patient and before going home.

Procedure for hand washing:

- If your hands are clean and have no excretions on them, please use the alcohol gel located in the patient's room and throughout the facility.
- If your hands are physically dirty then please wash them using soap and water. Wet hands and lather with soap. Wash hands for 20 seconds. Rinse and then dry with paper towels.

2. Cover your mouth and nose: Many diseases are spread through sneezes and coughs. Cover your mouth and nose to prevent the spread of infection to others.

- a. Use a tissue! Keep tissues handy at home, work and in your pocket. Be sure to throw away used tissues and clean your hands after coughing or sneezing.
- b. If you don't have a tissue, cover your mouth and nose with the bend of your elbow or hands. If you use your hands, clean them right away.
- c. Ask for a mask or put one on when asked by staff to do so.

3. If you are sick, consider deferring your visit.

- a. If you are sick, please stay home. Don't shake hands or touch others.

4. Observe all precautions posted on patient doors.

Stop at the Nursing Station prior to entering an isolation room for further instructions.

Standard Precautions are usual measures that healthcare workers take to reduce the risk of spreading germs. Staff may wear gloves, a gown, a mask and protective eyewear depending on the procedures they are performing.

Contact Precautions is a type of isolation that may be used by staff to reduce the spreading of germs. Again, gloves, gowns and masks may be used. You may also be asked to gown and glove when visiting. Please cooperate with staff if asked to do this.

If you have any questions you may ask to speak to the Infection Preventionist or contact them at 856-489-4520 ext. 205.

Thank you!