



INFECTION CONTROL MANUAL

Subject	Therapy Guidelines for Patients on Isolation
Policy NO:	IC215
Department:	Infection Control
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Reviewed/Revised	7/99, 4/03, 10/04, 11/05, 8/06, 8/07, 5/08, 1/09, 2/10, 1/11, 1/12, 1/13, 1/14, 1/15, 1/17, 1/18, 1/19, 2/21, 1/24
Regulatory	TJC: IC.02.01.01

PURPOSE:

To prevent the spread of organisms from infected or colonized patients to non-infected patients. To define guidelines for patients on isolation so that they may attend therapy.

POLICY:

It is the policy at WCRH that patients with a known or suspected transmissible organism be placed on Transmission-based precautions. All employees at WCRH must adhere to Standard / Transmission-based precautions.

SCOPE AND RESPONSIBILITY:

It is the responsibility of the Infection Control Professional or designee to assist therapy staff in providing optimal use of therapy time while maintaining proper isolation precautions. It is the responsibility of the therapy staff to abide by the guidelines established.

PROCEDURE GUIDELINE:

Therapy staff or Nursing will develop a therapy plan to meet the needs of the patient on isolation. If there are any questions regarding the isolation of the patient, the Infection Control Professional will be consulted.

VRE AND RESISTANT GRAM-NEGATIVE BACILLI

1. Upon initiation of isolation, the patient must be placed on bedside therapy until such time a therapy plan is discussed.
2. Patients on isolation due to these organisms are not restricted to their room if the source is adequately contained or covered and patient hygiene is acceptable.
 - Gowns and gloves must be worn when entering the room.
 - Only use essential equipment with patient. Clean all reusable equipment with a Hospital approved disinfectant.
 - Cover transport equipment with clean sheet or wipe down with a PDI Sani-cloth before taking patient out of room.
 - Discard gowns and gloves prior to leaving the room. Wash hands.
 - Transport to designated area in the gym. Gowns do not need to be worn during transport.
 - Designate an area in the gym for use by patients on isolation. Gowns and gloves are to be worn during therapy.

- Avoid group therapies.
 - Adhere to good HAND HYGIENE practices at all times!
3. If patient hygiene is poor or the infectious source cannot be adequately contained, therapies should be conducted in the patient's room.

MRSA (Infection at any site or sputum colonization in a trached patient or a vented patient who requires open suctioning).

1. Wound

- If wound secretions can be contained by a dressing, the patient may attend therapy in the gym.

2. Respiratory

- Patients will not be placed in group therapy sessions.
- If the patient's secretions can be contained for the duration of a treatment session, as determined by the Respiratory Therapist and the patient's nurse, the patient may attend therapies in the gym. When it is determined that the patient is not appropriate to receive therapy in the gym, the patient will receive bedside therapy.
- When necessary, the patient will be suctioned prior to therapy session.
- Follow the same guidelines for isolation and transport listed under VRE and Resistant Gram-Negative Bacilli.

Clostridium difficile

1. If the stool is formed and the patient can use the bathroom, he/she may attend therapies in the gym.
 - Patient may only use bathroom in patient's room.
 - An area of the room will be designated for patients with C. difficile.
 - All non-disposable therapy equipment will be cleaned with a germicidal cleaner after use.
2. If the stool is soft and loose, but can be contained in a disposable diaper, the patient may go to therapy in the Gym.
3. If the stool is watery and unable to be contained in a disposable diaper, then the therapies need to be performed in the patient room.

Notes: Assess child's needs prior to starting any therapy procedures:

Playroom: If child cannot be sequestered into a designated area where there is no contact with other children, then play therapy should be done in the patients' room.

If child will be walking in the halls have child wash their hands prior to leaving the room.

If carrying child from room to gym, transporter will be gowned.

If you have any questions, please contact the Infection Control Professional prior to initiating therapy at ext. 205.

This list is not comprehensive.

Please refer to the Infection Control Professional for additional information on infectious agents not listed.

Standard/Transmission Based Precautions will be utilized at all times. Strict hand hygiene will be maintained.

REFERENCES:

Centers for Disease Control and Prevention. (2007). *Guidelines for Isolation Precautions: Preventing Transmission of Infectious Agents in Healthcare Settings (2007)*.

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Advisory Committee (HICPAC). <https://www.cdc.gov/mmwr/preview/mmwrhtml/00039349.htm>

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